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NEWBOROUGH PRIMARY SCHOOL

A School Wide Positive Behaviour and
Respectful Relationships School



Positive Self Talk

This week in our Respectful Relationships and Newbee lessons, students have been learning about positive self-talk. At different times in our lives we all encounter challenges and setbacks that require us to be resilient. One of the strategies that we know works well for adults and children is positive self-talk. Instead of focusing on the negative sides of the challenge or the problem, we are asking children (and adults) to think about how they have overcome similar problems in the past and remind themselves that they can be successful. This sometimes means creating an encouraging voice in their head. I'm sure many of our parents and carers have similar self-talk strategies and it would be great if you could reinforce this strategy at home.

Kitchen Garden

Our gardens are coming along very well. In the last few weeks we have used our garden mulch and manure to create amazing and extraordinary garden beds (thank you Natalia and Claire for these wow words!). We have planted many vegetables that

will be used in our kitchen garden classes and also feature in our vegetable sale at the Harvest Festival. Next week will have an out of uniform day to help us fill our pantry and remaining garden beds. Please see attached list of items that you could donate for this project. Many of them will already be in your own pantry.

Maths focus

We are moving on to addition and subtraction in most classes this week. It would be great if you could play some games at home that involve addition and subtraction!

Newbee's on the week



From our Matrix... Be Respectful/ All Areas

I encourage good sportsmanship

What's on this term

05/03/2018- Student Free Day- OSHC will run all day on this date. Bookings required.

06/03/2018- School photos

09/03/2018- Free dress day- please support our Kitchen Garden program by donating some fresh produce

13/03/2018- Student Learning Conversations- School finishes at 1pm- OSHC will be available from 1pm-6pm.

Assembly is every Monday morning at the start of the school day.

Playgroup runs out of the multipurpose room each Tuesday from 9:30am.

Icy poles are available for purchase each Friday for \$1.

Attendance

This year we would really like to see all children at school every day unless they are legitimately ill. If your child is away due to illness, please let us know on 5127 1448. We do need to provide a reason for why each child is away so if you can let us know at your earliest convenience that would be much appreciated.

As we have changed from Sentral to Compass this year, we no longer have the ability to receive text notifications regarding absences. You can however log the reason for absences on Compass or contact the office.

Kitchen Garden Free Dress Day

When:- Friday the 9th of March

What:- Out of uniform day- Free dress.

Why:- The students will be encouraged to bring something to help restock the pantry and garden with supplies for the year.



Suggestions:-

Plain flour

Yeast

Salt

Corn flour

Couscous

Chickpeas

Pepper

Coriander

Beans

Raisins

Coconut milk

Noodles

Butter

Soy sauce

Sweet Chilli sauce

Vegetable oil

Dishwashing liquid

Liquid soap

SR Flour

Wholemeal flour

Baking powder

Cocoa

Polenta

Paprika

Cinnamon

Rice

Sultanas

Tinned tomatoes

Olives

Coconut

Balsamic vinegar

Dark chocolate

Tomato juice

Olive oil

Dish washer detergent

Multipurpose Kitchen spray

Seedlings for the garden – Cabbage, Broccoli, Peas, Beans, Sprouts, Cauliflower, Silverbeet.